



# 2013

## Exeter Parks & Recreation **PROGRAM GUIDE**



SPRING, SUMMER, FALL & WINTER PROGRAMS  
SUMMER CAMPS, CONCERTS, TRIPS & MORE



# MULTI-SEASONAL

## EARLY BIRD DISCOUNT!!

REGISTER FOR PROGRAMS BEFORE THE DEADLINE AND RECEIVE A \$10.00 DISCOUNT!!

### COYOTE CLUB WILDERNESS PROGRAM

Let your children learn about nature how it was suppose to be, in the woods! The creation of coyote club was driven by a passion to rid children of "nature deficit" by getting them out of the house, into the woods and connected to their environment. Children involved in nature-based education programs often experience a deeper sense of self respect, self esteem and a strengthening of their connection to the natural world.

**LOCATION:** GILMAN PARK                      **GRADES:** K-5

**FEE:** \$75 BEFORE DEADLINE/\$85 AFTER DEADLINE

DATES	DAY	TIME	DEADLINE
3/6-4/10	W	3:30-5:00 PM	FEB. 22ND
5/1-6/5	W	3:30-5:00 PM	APRIL 19TH

### KARATE

Sanchin Systems offers a quality program at half the price of similar martial arts! Every week children are taught self-defense skills with important lessons on peer pressure, bullies and stranger-dangers, just to name a few.

**LOCATION:** Tuck Learning Center-Café

**FEE:**\$35 BEFORE DEADLINE/\$45 AFTER DEADLINE

**AGES:** 5-13

DATES	DAY	TIME	DEADLINE
3/12-5/7*	TU	6:00-6:50 PM	MAR. 1ST
5/14-7/2	TU	6:00-6:50 PM	MAY 3RD

**LOCATION:** Tuck Learning Center-Café

**FEE:** \$45 BEFORE DEADLINE/\$55 AFTER DEADLINE

**AGES:** 14 & Up

DATES	DAY	TIME	DEADLINE
3/12-5/7*	TU	7:00-8:30 PM	MAR. 1ST
5/14-7/2	TU	7:00-8:30 PM	MAY 3RD

**LOCATION:** Tuck Learning Center-Café    **GRADES:** K-5

**FEE:** \$85 BEFORE DEADLINE/\$95 AFTER DEADLINE

**AGES:** Family

DATES	DAY	TIME	DEADLINE
3/12-5/7*	TU	7:00-8:30 PM	MAR. 1ST
5/14-7/2	TU	7:00-8:30 PM	MAY 3RD

\*No class April 23

### FAMILIES FIRST FAMILY MORNING OUT

For children ages birth to six, with parents or other caregivers. During the first 45 minutes, children and parents together will explore age-appropriate crafts and other activities, have positive play with peers and adults, and enjoy songs, stories and snack. In the second 45 minutes, children have fun with our child care staff, while parents relax and have the opportunity to talk about life with kids.

**FACILITATOR:** JODI FOSTER    **COST:** FREE

TO REGISTER: [http://www.familiesfirstseacoast.org/program\\_register.cfm?classID=84](http://www.familiesfirstseacoast.org/program_register.cfm?classID=84)



# PROGRAMS

## DAYTIME PATHWAYS YOGA - Pat Bruno

### GENTLE

Exercise is good for your mind, body, and spirit. This class will teach you what yoga is; why you should practice it; and how you can do it at home. This class may be done sitting on a chair if necessary. Each class is a total Wellness session. This gentle approach is for those who wish to move slowly with control. It is an excellent class for those who have physical concerns such as arthritis, back problems, MS, Parkinson's and COPD. This class gives you a personal training experience in a general group setting.

### BEGINNERS

This class will instruct you how to do yoga Asanas (physical poses), Pranayama (breathing exercises), and Meditation/Relaxation practices in each class. Its goal is to address the needs of each student and establish a fundamental understanding of "Mind/Body/Spirit".

**LOCATION:** EXETER PARKS & REC

**MIN/MAX:** 4/12 **AGES:** 15 & UP

**FEE:** \$50 BEFORE DEADLINE/\$60 AFTER DEADLINE

GENTLE YOGA	DATE	DAY	TIME	DEADLINE
SESSION 2	3/5-4/9	TU	11:00-12:00 PM	FEB. 15TH
SESSION 3	4/30-6/4	TU	11:00-12:00 PM	APR. 12TH

BEGINNER'S	DATES	DAY	TIME	DEADLINE
SESSION 2	3/7-4/11	TH	1:00-2:00 PM	FEB. 15TH
SESSION 3	5/2-6/6	TH	1:00-2:00 PM	APR. 12TH

## EVENING PATHWAYS YOGA - Laurel Beaton

Yoga for Wellness is a fundamental and uniform approach to the teaching of the esoteric and scientific art of yoga. Pathways are dedicated to using the most effective techniques of all yoga traditions and incorporating them into classes in a basic, educational, easy to understand manner. For more info go to [www.pathwaysyoga.com](http://www.pathwaysyoga.com)

**LOCATION:** EXETER PARKS & REC

**MIN/MAX:** 4/12 **AGES:** 15 & UP

**FEE:** \$50 BEFORE DEADLINE/\$60 AFTER DEADLINE

DATES	DAY	TIME	DEADLINE
3/5-4/9	TU	6:30-7:45 PM	FEB. 15TH
4/30-6/4	TU	6:30-7:45 PM	APR. 12TH

## LET'S GET MOVIN! CHILDREN'S YOGA

The Let's Get Movin! goal is to encourage children to be compassionate and kind. The Program builds a sense of community that extends outside of the classroom. They understand all the pressures with academics, athletics and busy lifestyles that children face. They teach breathing techniques that are helpful in these situations. We integrate music, song and teambuilding to help increase coordination and focus. For more info and or questions visit <http://www.letsgetmovin.com>

**LOCATION:** EXETER PARKS & REC

AGES	DAYS	TIME
K-5TH GRADE	TU	4:00-4:45 PM
TOTS/CAREGIVERS	WED	10:00-10:45PM

Drop-in's are welcome. You pay the instructor directly for this program.

## RED CROSS BABYSITTING COURSE

In conjunction with the Red Cross, EPRD will be offering a comprehensive 7-hour program that gives youth ages 11 to 15 years old the knowledge and confidence to care for infants and school-age children. Combining video, activities, hands-on skills training and discussion for a complete learning experience, Babysitter's Training teaches youth how to: Respond to emergencies and illnesses with first aid, rescue breathing and other appropriate care, Make decisions under pressure, Communicate with parents to learn household rules, Recognize safety and hygiene issues, Manage young children, Feed, diaper and care for infants and Start their babysitting business

**LOCATION:** EXETER PARKS & REC

**FEE:** \$92 PER SESSION BEFORE DEADLINE/\$102 AFTER DEADLINE

DATES	DAY	TIME	DEADLINE
3/9	SA	9:00AM-4:00PM	MAR. 9TH
5/11	SA	9:00AM-4:00PM	MAY 11TH



# ADULT RECREATION



## CO-ED ADULT ADVANCED OR RECREATIONAL VOLLEYBALL

**ADVANCED PROGRAM:** highly competitive adult co-ed recreational volleyball program is for men and women, age 18 years and older. Tryouts are required for this league!

**LOCATION:** Tuck Learning Center

**FEE:** \$47 PER SESSION BEFORE DEADLINE/ \$57 AFTER DEADLINE

DATES	DAY	TIME	DEADLINE
10/3-12/12*	TH	6:00-9:30 PM	SEPT. 20TH
1/2-5/8*	TH	6:00-9:30 PM	DEC. 20TH

\* NO CLASS - 11/28, 2/27, 4/24

**RECREATIONAL PROGRAM:** adult co-ed recreational volleyball program for men and women, age 18 years and older. The participant must be out of high school. This program is designed to provide adults with an alternative social and fitness outlet bringing enjoyment, not competition.

**LOCATION:** Tuck Learning Center

**FEE:** \$47 PER SESSION BEFORE DEADLINE/ \$57 AFTER DEADLINE

DATES	DAY	TIME	DEADLINE
10/1-12/10	TU	6:00-9:30 PM	SEPT. 20TH
1/7-5/6*	TU	6:00-9:30 PM	DEC. 20TH

\* NO CLASS - 11/5, 2/25, 4/22

## MEN'S PICK-UP BASKETBALL FOR MEN AGED 30 & OVER

This is a fun, non-competitive, organized league. No "pay as you go" – pre-registration required.

**LOCATION:** CO-OP MIDDLE SCHOOL, Guinea Rd. Stratham, NH

**FEE:** \$35 Per session

**No Early Bird Discount**

DATES	DAY	TIME
4/30-9/3	TU	7:00-9:00 PM
9/17-3/18*	TU	8:30-10:30 PM

\*NO CLASS-12/24, 12/31, 2/25

# SPRING PROGRAMS



## EARLY BIRD DISCOUNT!!

**REGISTER FOR PROGRAMS BEFORE THE DEADLINE AND RECEIVE A \$10.00 DISCOUNT!!**

*League and Team Sponsorships are Available for These Leagues. Deadline 3/8/13.*

*Please See the Information Sheet Near the end of the Brochure for Details*

### “FIRST SLUGGERS” JR. T-BALL (Age 4 & Early 5)

Get your “slugger” started in the game early, safe way to introduce your child to baseball. Foam balls and foam bats used off a tee.

**LOCATION:** PARK STREET COMMON

**FEE:** \$35 BEFORE DEADLINE/\$45 AFTER DEADLINE

DATES	DAY	TIME	DEADLINE
4/20-6/15	SA	TBA	MAR. 22ND

VOLUNTEER COACHES NEEDED

### BASEBALL – GRADE K TEE BALL

Your “First Slugger” has been promoted to T-ball! This level introduces real bats and balls.

**LOCATION:** PARK STREET COMMON

**FEE:** \$40 BEFORE DEADLINE/\$50 AFTER DEADLINE

DATES	DAY	TIME	DEADLINE
4/15-6/15	M-SA	TBA.	MAR. 22ND

VOLUNTEER COACHES NEEDED



### BASEBALL – GRADE 1&2 (Coaches Pitch)

Final Promotion before the real games begin. The coaches control the games by pitching to each batter.

**LOCATION:** REC PARK

**FEE:** \$40 BEFORE DEADLINE/\$50 AFTER DEADLINE

DATES	DAY	TIME	DEADLINE
4/15-6/15	M-SA	TBA	MAR. 22ND

VOLUNTEER COACHES NEEDED

### LACROSSE

This non-contact program will introduce the basic lacrosse skills. Emphasis will be on catching, throwing, cradling, and ground balls. Sessions will include skill instruction and fun activities that emphasize previously learned skills.

**LOCATION:** TUCK LEARNING CENTER FIELDS

**FEE:** \$55 BEFORE DEADLINE/\$65 AFTER DEADLINE

**GRADES:** K-2

DATES	DAY	TIME	DEADLINE
4/20-6/15	SA	11:00-11:45 AM	MAR. 22ND

### HERSHEY TRACK & FIELD

Hershey’s track & field program was created over 30 years ago to promote youth physical fitness and provide fun learning experiences for children 9 to 14 years old. Youth track & field is a great way to get kids started in a physical fitness program. It’s the largest youth sports program of its kind in the United States and Canada. Join us as we help kids discover their potential, make new friends, and gain newfound self confidence. Every child is a winner with the Hershey’s track & field games!

**LOCATION:** PHILLIPS ACADEMY TRACK, COURT ST

**AGES:** 9-14 (Dec. 31, 2013)

**FEE:** \$50 BEFORE DEADLINE/\$60 AFTER DEADLINE

DATES	DAY	TIME	DEADLINE
5/6-7/8	M & TH	6:30-7:30 PM	APR. 26TH



# SPRING SOCCER



## CHALLENGER VACATION SOCCER CAMP

All the great Challenger camps you have grown to love is coming in April! Great way to spend your April vacation shaping your soccer skills for the upcoming year while enjoying the fun and excitement Challenger camps brings!

**LOCATION:** LINCOLN STREET SCHOOL  
**GRADES:** 1-4     **FEE:**     **No Early Bird Discount**

DATES	DAY	TIME
4/22-4/26	M - F	9:00-12:00PM

TO REGISTER PLEASE GO ONLINE TO: <http://www.challengersports.com>

## CHALLENGER SOCCER MINI KICKERS

Mini Kickers addresses the physical, emotional, and social needs for toddler (2-3) years old ensuring a positive introduction to the game of soccer and organized athletics instructions. Challenger's experts have composed a curriculum which will entertain your child in a safe and fun environment while teaching them the beginning basic fundamentals of the game. Parent Participation required for this program. Children will get a shirt or backpack and a soccer ball.

**LOCATION:** LINCOLN STREET SCHOOL  
**AGES:** 2-3     **FEE:** \$95     **No Early Bird Discount**

DATES	DAY	TIME
5/4-6/15*	SA	9:00-9:45

\*NO CLASS: 5/25

TO REGISTER PLEASE GO ONLINE TO: <http://www.challengersports.com>

## CHALLENGER'S SKILLS DEVELOPMENT ACADEMY

The Academy provides weekly training, conditioning and skills development for all players. The professional British coaching staff will provide players with the advanced instruction and training necessary to help them compete at the higher level. Each player will take part in Technical Tactical and Physical training sessions that will sharpen their skills, improve their decision making and increase the speed and fitness.

**LOCATION:**     GILMAN PARK  
**FEE:** \$95     **No Early Bird Discount**

AGES	DATES	DAYS	TIME
5-7	5/1-6/5	W	5:00-6:30 PM
8-11	5/1-6/5	W	6:30-8:00 PM

TO REGISTER PLEASE GO ONLINE TO: <http://www.challengersports.com>



## FIRST KICKS SPRING SOCCER

A coed youth soccer program for Exeter area for 4 year olds! This program is designed to introduce soccer before they get on any team. This will be purely instructional with a little play while encouraging them to enjoy themselves and make new friends. Let kids be kids! Proof of age required.

**LOCATION:** RECREATION PARK     **AGES:** 4 and early 5s

**FEE:** \$37 BEFORE DEADLINE/\$47 AFTER DEADLINE

DATES	DAY	TIME	DEADLINE
5/4-6/15	SA	TBA	APR. 5TH

VOLUNTEER COACHES NEEDED

## GRADE K SPRING SOCCER

Soccer isn't only being played in the fall anymore. Join and keep those soccer skills sharp!

**LOCATION:** RECREATION PARK     **AGES:** GRADE K  
**FEE:** \$37 BEFORE DEADLINE/\$47 AFTER DEADLINE

DATES	DAY	TIME	DEADLINE
5/4-6/15	M-SA	TBA	APR 5TH

VOLUNTEER COACHES NEEDED

## GRADE 1 AND 2 SPRING SOCCER

Soccer isn't only being played in the fall anymore. Join and keep those soccer skills sharp!

**LOCATION:** RECREATION PARK     **AGES:** GRADES 1 & 2  
**FEE:** \$37 BEFORE DEADLINE/\$47 AFTER DEADLINE

DATES	DAY	TIME	DEADLINE
5/4-6/15	M-SA	T.B.A.	APR 5TH

VOLUNTEER COACHES NEEDED

# POOL GENERAL INFORMATION



**OPENING: SATURDAY, JUNE 8TH & 9TH WEEKENDS ONLY**  
**JUNE 15TH - LATE-AUGUST FULL TIME (Pending School Calendar)**  
**RECREATIONAL SWIM TIME - SEPARATE ADMISSIONS REQUIRED**

**MONDAY THRU FRIDAY**  
 1:00 – 4:45 PM

**MONDAY THRU FRIDAY**  
 6:00 – 7:45 PM

**SATURDAY & SUNDAY**  
 12:00 – 4:45 PM

- Anyone 8 years or under must be accompanied by someone 16 years or older
- Only Coast Guard approved Class III life vests may be used. Safety vests may be signed out for your children upon entering the pool or you may bring your own. Adults **MUST** supervise “vested” children – please.

## FEES (PER SESSION)

**ANYONE ENTERING THE POOL DECK MUST PAY SESSION FEE**

EXETER RESIDENTS:	SESSION:	SEASON PASS:
Youth (17 And Under)	\$2.00	\$25.00
Adult (18 And Over)	\$3.00	\$35.00
Senior Citizens (62+)	\$1.50	\$20.00
Family Pass (Parents & Minor Children Only)		\$110.00
NON-RESIDENTS:	SESSION:	SEASON PASS:
Youth (17 And Under)	\$2.50	\$35.00
Adult (18 And Over)	\$4.00	\$55.00
Senior Citizens (62+)	\$2.00	\$25.00
Family Pass (Parents & Minor Children Only)		\$160.00

### LAP SWIM EXTENDED HOURS AND PASS PROGRAM

EPRD guarantees to have 3 lanes for lap swim, Monday through Friday at 12:00-1:00 and 5:00 pm-6:00 pm. Lap swimmers will be the only people allowed entrance to the pool during this designated times, no leisure swim allowed. Cost: \$1.50/day or \$15 for a 10 visit punch card.

**PLEASE NOTE IF YOU PLAN ON SWIMMING IN THE AFTERNOON SESSION YOU MUST LEAVE THE DECK AND RE-ENTER WITH PAYMENT FOR THE SESSION.**

### POOL PARTY RENTALS

Pool rentals are available on Saturdays and Sundays from 5:30-7:00 pm. Cost is \$125 for up to 25 children (swimmer & non-swimmer). an additional \$25 for over 25 children. Please reserve early to get your slot! Certificate of liability required.



**WE ARE NOW A WI-FI HOT SPOT. SERVICE PROVIDED BY BAYRING.**



# RED CROSS

We have revamped our lessons for the first time in many years. We are now offering 45 minutes classes and will have 12 children per class. Our classes are supervised by at least one certified WSI and are taught by our lifeguard staff. Most have extensive competitive swimming backgrounds. There either 1 or 2 instructors for each class and it may vary from day to day based on days off etc. *Please note that although ARC recommends that instructors be in the water for only Levels 1 and 2. We do provide some in-water instruction for Level 3 as well. Levels 4, 5 and 6 instructors are generally NOT in the water.*



Things to remember when registering:

- We cannot properly place your child in a class for you. Realistically consider where your child finished last summer before registering. It is very difficult to get everyone moved to the perfect class once the rosters are full.
- Do not “reach” by putting your child in a class above their head because they will not have the success you would like to see.
- We generally fill Session 2 before the summer starts so if you want to register for the second session do it early. If you think your child is close to passing a level register for the next level up for the second session, if not do not “reach”.
- Intro to Competitive Swimming is designed to teach children who have an interest in swimming competitively in the future. It is designed primarily for the younger 5-8 year olds. We will not teach them to swim but rather teach better stroke mechanics for freestyle, breaststroke, backstroke and butterfly. They should be able to swim one lap of the pool without stopping.

**Registration Begins Tues. 2/19/13**

**LOCATION: REC PARK 4 HAMPTON RD      AGES: 5 & UP      MIN/MAX: 0/10      FEE: \$80 No Early Bird Discount**

SESSION 1: 6/24 - 7/10 No Class July 4th		
DESCRIPTION	DAYS	TIME
RC SWIM LEVEL 1	M-F	9:00-9:45 AM
RC SWIM LEVEL 2	M-F	9:00-9:45 AM
RC SWIM LEVEL 3	M-F	9:00-9:45 AM
RC SWIM LEVEL 4	M-F	9:00-9:45 AM
RC SWIM LEVEL 1	M-F	9:45-10:30 AM
RC SWIM LEVEL 2	M-F	9:45-10:30 AM
RC SWIM LEVEL 3	M-F	9:45-10:30 AM
RC SWIM LEVEL 5/6	M-F	9:45-10:30 AM
RC SWIM LEVEL 1	M-F	10:30-11:15 AM
RC SWIM LEVEL 2	M-F	10:30-11:15 AM
RC SWIM LEVEL 3	M-F	10:30-11:15 AM
RC SWIM LEVEL 4	M-F	10:30-11:15 AM
RC SWIM LEVEL 4	M-F	11:15-12:00 PM
RC SWIM LEVEL 5/6	M-F	11:15-12:00 PM
INTRO TO COMPETITIVE SWIM	M-F	11:15-12:00 PM

# SWIM LESSONS



## SESSION 2: 7/22 - 8/16

DESCRIPTION	DAYS	TIME
RC SWIM LEVEL 1	M-F	9:00-9:45 AM
RC SWIM LEVEL 2	M-F	9:00-9:45 AM
RC SWIM LEVEL 3	M-F	9:00-9:45 AM
RC SWIM LEVEL 4	M-F	9:00-9:45 AM
RC SWIM LEVEL 1	M-F	9:45-10:30 AM
RC SWIM LEVEL 2	M-F	9:45-10:30 AM
RC SWIM LEVEL 3	M-F	9:45-10:30 AM
RC SWIM LEVEL 5/6	M-F	9:45-10:30 AM
RC SWIM LEVEL 1	M-F	10:30-11:15 AM
RC SWIM LEVEL 2	M-F	10:30-11:15 AM
RC SWIM LEVEL 3	M-F	10:30-11:15 AM
RC SWIM LEVEL 4	M-F	10:30-11:15 AM
RC SWIM LEVEL 4	M-F	11:15-12:00 PM
RC SWIM LEVEL 5/6	M-F	11:15-12:00 PM
INTRO TO COMPETITIVE SWIM	M-F	11:15-12:00 PM

## WEE SWIM — CHANGES THIS YEAR

This is a parent/child swim class that parents are required to go into the water. This program will introduce your child to water in a fun environment and will be taught by an outside instructor. **Registration Begins Tues. 2/19/13**

**LOCATION: REC PARK 4 HAMPTON RD**

**FEE: \$75 No Early Bird Discount**

AGES	DESCRIPTION	DATES	DAYS	TIME
9 MO-2 <sup>1/2</sup> YRS	WEE SWIM	7/8-8/14	M,W	12:00 -12:45 PM
9 MO-2 <sup>1/2</sup> YRS	WEE SWIM	7/9-8/15	TU,TH	5:00 -5:45 PM
2 <sup>1/2</sup> -5 YRS	WEE SWIM	7/9-8/15	TU,TH	12:00 -12:45 PM
2 <sup>1/2</sup> -5 YRS	WEE SWIM	7/8-8/14	M,W	5:00 -5:45 PM

PLEASE NOTE IF YOU PLAN ON SWIMMING IN THE AFTERNOON SESSION YOU **MUST** LEAVE THE DECK AND RE-ENTER WITH PAYMENT FOR THE SESSION.



# ADVENTURE

## YOUTH

### 9-WEEKS OPEN TO ALL AREA RESIDENTS

Children participate in group and individual games (no 1:1 supervision), free play and swimming. Groups are: grades 1 /2, 3/4, 5, and 6/7. S.A.C. will be held for 9 weeks beginning Monday, June 17, 2013 (pending Exeter district school closing) through Friday, August 16, 2013, Monday-Friday, 8:30 a.m.-3:30 p.m. Children can be brought to swim lessons when they are at the Rec Park. Staff will NOT be on duty before 8:30 a.m. or after 3:30 p.m. No camp on Thursday, July 4, 2013. Payment plans available for Exeter residents only...no scholarships.

Register on line or in-person only. To register online you MUST have your user name and password in advance. You should be familiar with the process, because there will no phone help from our office the first three days (online registration may be capped at anytime). Please remember all age groups are for the grade entering in fall 2013'

**ALL REGISTRATION BEGINS: TUESDAY, FEBRUARY 19, 2013**

**LOCATION: REC PARK**

**MAX: 200**

SESSION 1: RES/NR FEE: \$260/\$310 (4 WEEKS)  
SESSION 2: RES/NR FEE: \$280/\$330 (5 WEEKS)  
SESSION 1 & 2: RES/NR FEE: \$375/\$425 (9 WEEKS)



\*Registration accepted for session I or II only - no splitting weeks, no single or part-days accepted.

#### ADVENTURE CAMP OPTIONAL ACTIVITIES

Trips are taken each week for each age group. These are not required however children not registered for trips cannot attend camp that day. Cost is \$30 per week. An updated list will be available on-line or at the office once it is finalized. The list below is strictly tentative since many locations do not book until later in the spring. Trip payments are due one week prior to the trip.

Space is limited, sign up early as many locations require pre-payment.

#### ADVENTURE CAMP AC (AFTERCARE)

Need care for your child after SAC is over at 3:30? This is the in-house after care program for you. Pre-registration is required.

**FEE: \$8 Per Day M-F 3:30 - 5:30 PM**

Week	Grades 1-4 - Tuesday, Grades 5-7 - Thursday
1	Funway Park
2	Canobie Lake Park
3	Movies 5-7 (trip will be on Friday of this week due to holiday)
4	Water Country
5	Grade 1-4: York's Wild Animal Kingdom Grade 5-7: Franklin Park Zoo
6	Aquaboggan
7	Funworld
8	Hilltop Funcenter
9	Funtown USA

# CAMPS

## TEEN

### 8-WEEKS OPEN TO ALL AREA RESIDENTS

After a successful first summer, we will offer a "transitional" teen program for those who age out of the Summer Adventure Camp again this year. Last year was such a success we are expanding and taking more participants. Open to 13 and 14 year olds, the format is two trips per week and three days of community service or in-town activity. Child to staff ration is 7:1. The list of trips is very tentative at this point. A firm list will be available on-line and at the office later in the spring. Payment plans available for Exeter residents only...no scholarships.

Register on line or in-person only. To register online you MUST have your user name and password in advance. You should be familiar with the process, because there will no phone help from our office the first three days (online registration may be capped at anytime). Please remember all age groups are for the grade entering in fall 2013'

#### ALL REGISTRATION BEGINS: TUESDAY, FEBRUARY 19, 2013

LOCATION: REC PARK

AGES: 13-14

No Early Bird Discount

DATES: JUNE 17TH - AUGUST 9TH  
(M-F)

FEE: \$450 (8 WEEKS) PLUS \$45 WEEKLY FOR TRIPS



Week	TEEN TRIPS ARE TUESDAY AND THURSDAY	
1	Kingston St Park	Take Flight High Ropes Course
2	Bear Brook St Park	Whale watch
3*	North Beach	Funway Park
4	Pawtuckaway St Park	Six Flags
5	Ellacoya St Park	Checkered Flag
6	Wentworth St Park	Canobie Lake Park
7	Wallis Sands	Cantocook River Canoe
8	White Lake	Water Country

\*TRIP WILL BE ON FRIDAY THIS WEEK DUE TO HOLIDAY

# LITTLEFIELD TENNIS



Littlefield Tennis begins its twenty-fifth season with the Exeter Parks & Recreation Department. Littlefield Tennis is the largest recreational tennis program in New Hampshire and is considered a “visionary leader of grassroots programming in New England” (USTA Net Post). Littlefield Tennis encompasses the Seacoast area in a centralized format enabling participants to interact in a competitive and socially positive manner. A broad array of tennis lessons is available for all ages. Classes focus on the development of fundamental skills for the beginner and further emphasize specific areas such as court strategy and match play for the more experienced player.

## Spring Session (7 weeks) April 29 – June 13

### TOTS: Ages 4-6

Tuesday or Thursday 9-9:30 or 3:30-4:00

### TOT II & YOUNG JR.: Ages 6-9

Tuesday/Thursday 4:00-5:00

Monday/Wednesday 4:45-5:45

### YOUTH: Ages 10-16

1 hour classes twice/week

Monday/Wednesday 3:45-4:45

Monday/Wednesday 4:45-5:45

### YOUTH INTERMEDIATE: Ages 12-18

Tuesday/Thursday 3:30-5:00, 5-6:30

### ADULT ADVANCED BEGINNER

Daytime: Thursday 9:30-11:00

Evenings: Monday 5:45-7:15

### ADULT RALLY GROUP

Daytime: Tuesday/ Thursday 11-12:30

Friday: 9-10:30

Evenings: Wednesday 5:45-7:15

## Summer Session (9 weeks) June 24 - August 19

### TOTS: Ages 4-6

Tuesday, Wednesday, or Thursday 8:00-8:30

Tuesday or Thursday 3:00-3:30

### JUNIOR LESSONS

1 hour lessons offered

Monday-Thursday (10:00, 11:00, or 3:30)

### INTERMEDIATE JUNIOR CLINICS

Monday-Thursday 4:00-6:00

### 9 & UNDER CAMPS

Monday – Friday 8:30-10

Weeks 2, 4, 6, 8 beginning July 1

### 10 & UP CAMPS

Monday – Friday 8:30-11:30

Weeks 1, 3, 5, 7, 9 beginning June 24.

Plus 1: an additional hour of instruction held from 11:30-12:30,

Monday-Thursday following 10 & Up Camp

### ADULT BEGINNERS - EVENINGS

Monday 6:00-7:30

### ADULT RALLY GROUP - EVENINGS

Tuesday/Wednesday 6:00-7:30

## Fall Session (5 weeks)

### September 3rd – October 3rd

### See Spring schedule for classes

Additional information and registration forms available online at:

<http://www.littlefieldtennis.com>

If you don't see something that will fit your schedule or if you need more information please call our office manager, Sue Allen at 603.373.8112 or you may email her at [nhtennis@comcast.net](mailto:nhtennis@comcast.net).

Registration is on a first-come-first-served basis. Classes must be paid in full in order to hold a place in the class. All registrations must go through the Littlefield Tennis office. Please make checks payable to: Littlefield Tennis. Please send your registration form and check to: Littlefield Tennis, PO Box 1385, Portsmouth, NH, 03802-1385. Sorry, no refunds for personal cancellations.

We accept Master Card and Visa as payment; please contact the office for credit card payments.

Thank you for participating in our program.

# SPECIAL EVENTS



## EGG HUNT

**Friday, March 29th, starting at 4:30 PM Sharp.**

**Location:** Swasey Parkway

The Easter bunny will be in Exeter again this spring. Swasey Parkway will be filled with brightly colored Easter eggs with a few lucky youngsters finding the special eggs! Join us rain, snow or shine for this fun event. Light refreshments are served at the end of the event with a chance to get pictures with the bunny too. There will be two hunts (grade two and under and grade 3-5) with baskets for "special eggs" found.

## NH FIDDLE ENSEMBLE CONCERT

**Friday, April 12 7:00-9:00 PM**

**Location:** Exeter Town Hall

**Cost:** \$10 in advance \$12 at the door

Professional and amateur musicians come together to showcase many of the styles of music that has included the fiddle. Enjoy fiddle music in various traditions (Irish, old-time, Klezmer, Cajun, swing) plus singing and dancing from musicians from ages 7 - 70. In their 3rd year, the ensemble has almost tripled since the first year. The NH Fiddle Ensemble provides a place for musicians to learn all of the basics of performing and musicianship, both in the traditional manner (learning by ear) and using sheet music. The graduated parts allow musicians of various ability levels to play together in harmony. Don't miss this high energy and fun show! [www.fiddleheadscamp.com/ensemble.html](http://www.fiddleheadscamp.com/ensemble.html)

*Do you play a stringed instrument such as fiddle, guitar, cello, ukulele, mandolin or banjo? The NH Fiddle Ensemble invites you to join! Contact Ellen Carlson at [Ellen@highrange-band.com](mailto:Ellen@highrange-band.com). They would love to have more people join this great group!*

## SECOND ANNUAL POWDER KEG FESTIVAL

**Saturday, October 5**

**Location:** Swasey Parkway

Did you miss last year's festival? We sold out over 1500 tickets. We plan to expand this year's vendors. For updated details check the website at <http://www.powderkegbeerfest.com> Tickets will be available online this coming spring and summer. Buy in advance don't miss out. Be there to enjoy the fun!

## ANNUAL HALLOWEEN PARADE

**Friday, October 25**

**Location:** Swasey Parkway

**Costume Judging:** 3:30 PM **Parade:** 4:30 PM

This annual event has become a great family event for all. New this year children will be able to "trick or treat" in the stores before or after the parade. We plan to have some entertainment between the costume judging and parade start. Led by the Exeter High School Blue Hawks Marching Band the parade will start and finish in the Parkway where there will be light refreshments, awards and the Preschool-Grade 2 "egg haunt". See you there! will be light refreshments, awards and the Preschool-Grade 2 "egg haunt". See you there!



# CONCERTS

Wow, what a lineup we have for you this year! We have been able to bring back Entrain a premier band that was rained out 2 years ago. Read through the dates and descriptions and we think you will see why this is our best lineup ever. Please remember that concerts are at Swasey Parkway.



**JUNE 27**

**6:00PM-8:00PM**

**RAIN SITE EXETER TOWN HALL**  
(This concert only)

**ENTRAIN:** Epic in sound and kaleidoscopic in vision, the eclectic Martha's Vineyard-based six piece Entrain has been thrilling critics and fans alike since it's inception. Their collective resume includes stints with such diverse players as Bo Diddley, Carly Simon, Chuck Berry, Southside Johnny, James Montgomery, Flor De Cana, and Blood Sweet and Tears. "The most important thing that we try to do with our music is bring everybody together in the spirit of peace, love, fun and a ton of drums!"

- "Unbelievable great show! First time seeing them, you cannot stay in your seat without moving to the beat! Hope to see them back next year!"
- "This is my 3rd LIVE show and for the 3rd time I was blown away by the energy level these guys (there were nine of them on stage) played!! Please do yourself a favor and see these guys if you can."
- "All I can say is that they are truly extremely talented. The energy they pour out to the audience is incredible. I am on my feet the whole night and only stop when they take their break."



**JULY 11**

**6:00PM-8:00PM**

**CHRIS MACKAY & THE TONESHIFTERS:** You heard them at the Powder Keg Brew and Chili Fest this past October and by demand we brought them back. They have a unique and eclectic musical sound reflecting the fact that the band brings together some truly talented musicians clearly adept at blending different musical styles into an indescribably delicious stew. Once you try it your taste buds will be changed forever.



**JULY 18**

**6:00PM-8:00PM**

**MICHELLE WILLSON:** Known to blues lovers around the world as "Evil Girl" and acknowledged by aficionados of Jazz and Blues as a passionate and gifted performer, bandleader and songwriter. "It is impossible not to be moved by this performer...with her lush, sultry and robust voice, Willson can get a rise out of a stone statue."



**JULY 20**

**6:45PM-8:45PM**

**FIREWORKS, 8:45PM**

**JUMBO CIRCUS PEANUTS:** New Hampshire's legendary party band playing New Orleans style Funk, R & B, Pop, Soul and Swing are back! They will rock the Parkway followed by our customary fireworks to end the American Independence Festival. Bring the whole family! Fireworks sponsored by The Town of Exeter.

# IN THE PARK



**JULY 25**

**6:00PM-8:00PM**

**DRIVE ALL NIGHT:** Drive all night is a rock, soul, rhythm and blues party band that loves to perform and play all the party favorites and have a good time. Originally formed in 1985 on the campus of UMass and re-formed in 2010, they really did “get the band back together”. They are a complete 6 piece band with a smoking horn section and 3 diverse lead vocalists.



**AUGUST 1**

**6:00PM-8:00PM**

**OLD ABODE:** In the summer of 2011, Old Abode joined forces with Grammy nominated producer Francisco Santos to record their debut album, “Before The Day”. With a wide variety of influences from Wilco to My Morning Jacket, the Beatles to MGMT, their unique and dynamic brand of indie rock is augmented in a live setting with non-traditional rock instrumentation (violin, mandolin, and banjo) complimenting electric guitars. Great reviews from last year’s concert!



# CHILDREN'S CONCERTS



**JUNE 28TH, NOON**

**Recreation Park - Rain Site Town Hall**

**BEN RUDNICK & FRIENDS:** In the summer of 2011, Old Abode joined forces with Grammy nominated producer Francisco Santos to record their debut album, “Before The Day”. With a wide variety of influences from Wilco to My Morning Jacket, the Beatles to MGMT, their unique and dynamic brand of indie rock is augmented in a live setting with non-traditional rock instrumentation (violin, mandolin, and banjo) complimenting electric guitars. Great reviews from last year’s concert!

**AUGUST 9, NOON**

**Recreation Park - Rain Site Town Hall**

**WAYNE FROM MAINE:** The Wayne From Maine show is a 50 minute music adventure for the young and the young at heart. Audience participation is always encouraged. Wayne inspires young minds to think and laugh with his very own brand of “Edu-Tainment”. Be sure to look for his 2011 award winning album “When The Cows Come Home”.



# SUMMER

**\*NEW – EARLY BIRD DISCOUNT!!**

**REGISTER FOR PROGRAMS BEFORE THE DEADLINE AND RECEIVE A \$10.00 DISCOUNT!!**



## FUNTOWN SPLASHTOWN USA TICKETS

Funtown Splashtown USA tickets are used for anyone over 4 feet tall. Tickets are good any day they are open during the 203 season. Check park for hours of operations. Check with us on pricing in the spring.

## WATER COUNTRY TICKETS

We have water country tickets available at our office Mon-Fri, 8:00 am-4:15 pm. Pricing will be available this spring. Check park for hours of operations.

## SKATEBOARD AND IN-LINE CLINIC

The clinic will be offered at the rye airfield skate park. This clinic is for those starting (beginners) out with skateboarding or inline that want to improve their basic skills. Participants receive instruction on basic techniques like ollies, pumping, kick turns, skating backwards and how to fall safely. For facility info please visit: [www.ryearfield.com](http://www.ryearfield.com)

**LOCATION: RYE SKATE PARK**  
**FEE: \$97 BEFORE DEADLINE/\$107 AFTER DEADLINE**  
**INCLUDES T-SHIRT AND WATER BOTTLE**      **MIN/MAX: 3/17**

DATES	DAY	TIME	DEADLINE
7/8-7/29	M	3:00-5:00 PM	JUNE 21ST

## SURFING LESSONS

EPRD in conjunction with Cinnamon Rainbow Surf Shop, North Hampton, NH will once again offer surf camp for ages 11 and up! Camp will take place at either North Beach or Jenness Beach. Camp includes surfboard & wetsuit rental and instructor. There will always be a 1 instructor for every 3 campers.

**LOCATION: NORTH BEACH /JENNESS BEACH**    **MIN/MAX: 0/13**  
**AGES 11 & UP**  
**FEE: \$200 BEFORE DEADLINE/\$210 AFTER DEADLINE**

DATES	DAY	TIME	DEADLINE
7/15-7/19	M-F	10:00 AM-12:00	JUNE 28TH



# PROGRAMS



EPRD is partnering with the Exeter Country Club to offer a local golf camp for girls and boys 8 to 14 years old. Your child will be taught the elements of golf from rules and etiquette, short games and long games as well as course management. If your child needs clubs, we do have clubs to borrow through the sticks for kid's foundation. A golf polo shirt is included.

**LOCATION:** EXETER COUNTRY CLUB **MIN/MAX:** 8/24  
**AGES:** 8 - 14 **FEE:** \$115 BEFORE DEADLINE/\$125 AFTER DEADLINE

DATES	DAY	TIME	DEADLINE
6/25-6/27	TU-TH	9:00-11:00 AM	FRIDAY PRIOR
7/9-7/11	TU-TH	9:00-11:00 AM	FRIDAY PRIOR

## MAD SCIENCE- MAD MACHINES AND CRAZY CONTRACTIONS

Inventing means curiosity! Throughout this camp, children will overcome a series of challenges using basic materials, simple machines, tips from famous inventors and the most important of all – their mind. With a little bit of ingenuity children will create catapults and forts, construct working lights sticks to take home and assemble a set of circuits with batteries and light bulbs. While Thomas Edison said “invention is 10% inspiration and 90% perspiration;” this camp is 100% FUN!

**LOCATION:** EXETER PARKS AND RECREATION  
**AGES:** 6 - 12 **FEE:** \$245 BEFORE DEADLINE/\$255 AFTER DEADLINE

DATES	DAY	TIME	DEADLINE
7/22-7/26	M-F	9:00 AM-3:00	MAY 10TH



# SUMMER



## US SPORTS INSTITUTE – MULTI SPORTS CAMP

**LOCATION:** LINCOLN STREET SCHOOL **MIN/MAX:** 8/24  
**DEADLINE:** FRIDAY PRIOR

### The Sport Squirts (Ages 3-4) and Senior Sports Squirts (Ages 5-6)

The program introduces children aged 3 to 6 to a variety of sports such as Soccer, T-ball, Basketball, Lacrosse and Hockey, all taking place in a safe structured environment ensuring learning is taking place. Activities are designed to evoke a child's imagination in which they can Find Nemo, send Shrek into a spin or capture Jellyfish with Sponge Bob Square Pants. All activities promote hand-eye coordination, movement and balance and most importantly Fun, Fun, Fun.

### MULTI-SPORT (AGES 7-12)

Experience over 12 different sports from around the world with the US Sports Institute. All activities will take place in an atmosphere which promotes good sportsmanship teamwork and most of all fun. Campers will receive technical instruction, have the chance experience the sport in a realistic game situation, and will participate in the exciting USSI World Cup Competition. Campers will receive a t-shirt and certificate. This is the only sports camp truly dedicated to children of all sporting abilities.

#### No Early Bird Discount

CLASS	DATES	DATES	DAY	TIME
SQUIRTS	7/8-7/12	\$69	M-F	9:00-10:00 AM
SENIORS	7/8-7/12	\$89	M-F	10:30-12:00 PM
MULTI	7/8-7/12	\$139	M-F	12:30-4:00 PM

## ARCHERY

This program is for students, adults, &/or parent/child. Children must be at least 8 years old. Children at the age of 7 must participate with a parent or an adult. All equipment will be provided.

**LOCATION:** BRICKYARD PARK **MIN/MAX:** 5/12  
**FAMILY FEE:** \$130 BEFORE DEADLINE/\$140 AFTER DEADLINE  
**YOUTH FEE:** \$65 BEFORE DEADLINE/\$75 AFTER DEADLINE

DESCRIPTION	DATES	DAY	TIME	DEADLINE
FAMILY ARCHERY	5/2-5/23	TH	5:30-6:30	APRIL 19TH
FAMILY ARCHERY	7/10-7/31	W	6:00-7:00	JUNE 20TH
YOUTH ARCHERY	5/2-5/23	TH	5:30-6:30	APRIL 19TH
YOUTH ARCHERY	7/10-7/31	W	4:30-5:30	JUNE 20TH



# PROGRAMS



## FLAG FOOTBALL CAMPS

The camp is designed for athletes in grades 1-6 interested in learning the fundamentals of flag football. The program is designed to be fun while teaching the fundamentals of the game. Emphasis will be on skill development, sportsmanship, conditioning and team play. It will include drills, demonstrations and games.

**LOCATION:** BRICKYARD PARK **MIN/MAX:** 6/20  
**FEE:** \$100 BEFORE DEADLINE/\$110 AFTER DEADLINE  
**DEADLINE:** 6/28/2013



DESCRIPTION	DATES	DAY	TIME
FOOTBALL GR 1-3	7/15-7/19	M-F	9:00AM-12:00
FOOTBALL GR 4-6	7/15-7/19	M-F	9:00AM-12:00



## LET'S GET MOVIN EXPLORATION CAMP

Let's Get Movin' Exploration Camp is one-week day camp for children. The camp is directed by Let's Get Movin. The activities for Exploration camps are specially chosen for their enriching qualities and alignment with the goals of offering children a fun, educational, and creative summer experience. Some of the activities include Yoga, Movement, & Meditation, Exploration of the Exeter River by foot (and Kayak for Ages 10-13), A visit to Farmer Bob's in Brentwood: a journey into sustainable gardening, Culinary Creations, Hand Crafted Instruments & Music, Beading and crafts & More. Note: tuition includes camp all activities and materials. Check the website for more information [www.letsgetmovin.com](http://www.letsgetmovin.com)

**LOCATION:** EXETER PARKS AND RECREATION **MIN/MAX:** 6/16  
**FEE AGES 5-9:** \$170 BEFORE DEADLINE/\$180 AFTER DEADLINE  
**FEE AGES 10-13:** \$150 BEFORE DEADLINE/\$160 AFTER DEADLINE  
**AGES:** 5-9/10-13

AGES	DATES	DAY	TIME	DEADLINE
5 - 9	7/29-8/2	M-F	9AM - 12:00	
10 - 13	6/25-6/27	M-TH	9AM - 12:00	

## SUPERHERO CAMP

Look, it's a bird, it's a plane, it's Superhero Camp! Does your child love Spiderman, Superman, Batman, Iron Man and Wonder Women? Every Child loves to pretend to fly, have super strength and save the world! In this camp, Epic Brand's will provide all the superhero costumes. All activities are based on the Six Pillars of Character; Trustworthiness, Respect, Responsibility, Fairness, Caring and Citizenship. Each Camper will receive a t-shirt and ribbons and awards will be given out. This world needs more Superheroes! .

**LOCATION:** MAIN ST SCHOOL **AGES:** 4 - 7  
**FEE:** \$105 **No Early Bird Discount**

DATES	DAY	TIME
6/25-6/27	T-TH	9AM -12:00



# SUMMER

## LEGO® WORKSHOPS

### LEGO® ROBOTIC INVENTION WORKSHOP

Using the latest LEGO(R) NXT Mindstorms and Power Functions technology, participants will build and program a variety of robotics. Dozens of exciting projects will be available including a scorpion, battle tank, and explorer bot. Many new projects will be available for returning participants. Participants will also be provided with an opportunity to design, construct, and program their own robots using special software.

**Note: Participants DO NOT take projects home.**

### LEGO® MOTORIZED MACHINES AND MECHANISMS

In this exciting workshop, participants will have an opportunity to build a variety of different motorized LEGO® machines. Participants will work from specialized instructions to create a variety of different motorized projects including several race cars, an elevator, a ferris wheel, and much more! Many new projects will be available for returning participants including a top-spinner, ping-pong ball launcher, and a remote-controlled car. Opportunity will also be provided for participants to customize their designs!

**Note: Participants DO NOT take projects home.**

**LOCATION:** EXETER PARKS AND RECREATION

**FEE:** \$105 BEFORE DEADLINE/\$115 AFTER DEADLINE

**DEADLINE:** 6/21/2013

DESCRIPTION	AGES	DATES	DAY	TIME
ROBOTICS INVENTION	GR 3-6	7/09-7/12	T-F	9:00AM-12:00
MOTORIZED MACHINES	GR 1-4	7/09-7/12	T-F	12:30PM-3:30



## WICKED COOL FOR KIDS

**Art Explosion**-Our art program engages kids in projects that help develop their creative streak. We use different media from collages, watercolors and wax-resist to printing and sculpture. All the activities are new for 2013 and the weekends with a fabulous show of kids' art work.

**Energy Explorers**-Kids build tons of fun projects to investigate the wide world of energy. In the morning, we explore alternative energy by building solar cars that harness the power by building a wind turbine. Kids also delve into the properties of balloon cars, catapults and rubber band racers as an investigation of potential and kinetic energy. In addition, we experiment with chemical energy and concoct fascination formulas. Energizing fun!

**LOCATION:** EXETER PARKS AND RECREATION

**AGES:** GR 1 - 5

**FEE:** \$180 BEFORE DEADLINE/\$190 AFTER DEADLINE

**DEADLINE:** 7/19/2013

DESCRIPTION	DATES	DAY	TIME
ART EXPLOSION	8/5-8/9*	M-F	9AM -12:00
ENERGY EXPLORERS	8/5-8/9*	M-F	1:00PM - 4:00

# PROGRAMS



## CHALLENGER'S BRITISH SOCCER CAMPS

British soccer camps provide players of all ages and abilities with the rare opportunity to receive high-level soccer coaching from a team of international experts. Each day includes individual foot skills, technical drills, tactical practices, small-sided games, coached scrimmages, and a daily tournament. Camp program include a free ball and shirt and a British soccer jersey (pay shipping on jersey) for on line registrations 45 days prior to camp!

**LOCATION:** RECREATION PARK **No Early Bird Discount**

AGES	FEES	DESCRIPTION	DATES	DAY	TIME
3 - 4	\$73	FIRST KICKS	6/24-6/28 OR 8/19-8/23	M-F	9:00-10:00
5 - 6	\$98	MINI SOCCER	6/24-6/28 OR 8/19-8/23	M-F	10:00-11:30
7 - 15	\$183	FULL DAY	6/24-6/28	M-F	9:00-4:00
7 - 15	\$138	HALF DAY	8/19-8/23	M-F	1:00-4:00

### TO REGISTER ONLINE PLEASE GO TO:

<http://www.challengersports.com/camps.aspx>.

## CHALLENGER'S TETRABRAZIL SOCCER CAMP

TetraBrazil bring the flair and passion of Brazilian soccer to America. TetraBrazil Soccer Camps provide American players with the opportunity to experience first-hand the kind of soccer training that has made Brazil the most successful soccer nation in the world. The TetraBrazil system of coaching teaches Brazilian techniques, footwork and moves in a fun and challenging environment! Each TetraBrazil camp will feature high quality soccer training from expert Brazilian Soccer Coaches. Each camper will receive a free TetraBrazil soccer ball and shirt, plus a free TetraBrazil game jersey when you sign up on line at [challengersports.com](http://challengersports.com) at least 45 days prior to camp!

**LOCATION:** RECREATION PARK **No Early Bird Discounts**  
**MIN/MAX:** 6/20

AGES	FEES	DESCRIPTION	DATES	DAY	TIME
9 - 14	\$158	HALF DAY	7/29-8/2	M-F	9:00-12:00
9 - 14	\$209	FULL DAY	7/29-8/2	M-F	9:00-4:00

### TO REGISTER ONLINE PLEASE GO TO:

<http://www.challengersports.com/camps.aspx>.

## CHALLENGER'S BRITISH MULTI SPORTS CAMPS

If your child loves to play sports than Challenger Sports has the coolest camp idea of the summer. Challenger's team of British Coaches will provide your boys and girls with a week of nonstop action-fun and competition, all with a British Twist-a camp to remember. With such games as Tag Rugby, Non-stop Cricket, Rounders, Five-a side Football (Soccer), Kick ball, British Bull Dogs and Team relays and obstacle Courses. Children will learn new British sports and develop some new skills with team building activities that include more than just running, jumping, catching, kicking and throwing! They will also learn about Respect, Responsibility, Integrity, Sportsmanship and Leadership, while playing hard, having fun and making new friends! Each camper will receive a Special British Camp T-shirt plus if you sign up at [www.challengersports.com](http://www.challengersports.com) at least 45 days prior to camp will receive a great looking British Sports Jersey for Free!

**LOCATION:** RECREATION PARK **No Early Bird Discounts**

AGES	FEES	DESCRIPTION	DATES	DAY	TIME
5 - 7	\$125	SPORTS STARS	8/6-8/10	M-F	9:00-12:00
7 - 11	\$170	ALL STARS	8/6-8/10	M-F	9:00-3:00

### TO REGISTER ONLINE PLEASE GO TO:

<http://www.challengersports.com/camps.aspx>.



# TRIPS



## March

March 13 <sup>th</sup>	Boston Flower & Garden Show	\$30.00
March 15 <sup>th</sup>	Boston Flower & Garden Show	\$30.00
March 29 <sup>th</sup>	Boston Celtics vs. Atlanta Hawks	\$68.00

## April

April 10 <sup>th</sup>	Foxwoods Casino	\$35.00
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## May

May 14 <sup>th</sup>	John Denver Tribute	TBA
May 21 <sup>st</sup> – 23 <sup>rd</sup>	Penn Dutch with hit show Noah	TBA
May 31 <sup>st</sup> – June 7 <sup>th</sup>	Boston to Bermuda Cruise	See Brochure for Info

## June

June 1 <sup>st</sup>	Red Sox vs. Atlanta Braves	\$139.00 & \$159.00
June 3 <sup>rd</sup> – 5 <sup>th</sup>	Cape Cod and Nantucket	TBA
June 12 <sup>th</sup>	The Drifters	\$79.00

## July

July 23 <sup>rd</sup>	Spirit of Boston	\$79.00
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## August

August 15 <sup>th</sup>	Broadway & the Feast	\$59.00
Aug 22 <sup>nd</sup> – Sept 2 <sup>nd</sup>	Alaska Land Tour & Cruise	See Brochure for Info
August 29 <sup>th</sup>	Lobster Bake & Lighthouse Lovers Harbor Cruise	\$59.00

## September

September 7 <sup>th</sup>	Red Sox vs. NY Yankees	\$139.00 & \$159.00
September 24 <sup>th</sup>	Tom Jones Tribute	TBA
September 29 <sup>th</sup>	9/11 Memorial, West Point	TBA

## October

October 4 <sup>th</sup> – 6 <sup>th</sup>	Break for Moose	TBA
October 10 <sup>th</sup>	Fall Foliage Trip	TBA
October 16 <sup>th</sup>	Italian Festival	TBA

## November

November 13 <sup>th</sup>	Liza & Judy Together Again	TBA
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Make checks payable as per registration form.

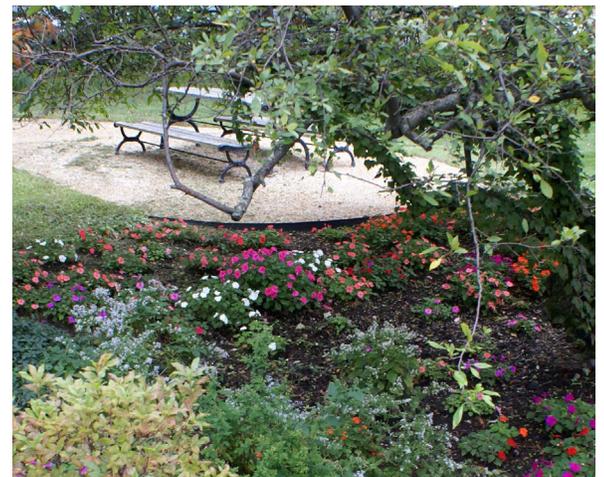
# GARDEN ADOPTERS

*Are you interested in gardening but don't have the space or maybe your business could use some visibility to promote your skill. Here is your opportunity. You water (where water is available) periodic weeding and clean up at the end of the year. We also provide the signage as well.*

Founders Park	Adoptable
Kids Park Island	Adoptable
Water St. Triangle/ Town Hall	Adoptable
Stewart Park I	Adoptable
Town House Common I	Adoptable
Library Rain Garden	Ironwood Design Group, LLC
Stewart Park II	Louann Faber
Town House Common II	Gwen Kenney
Bandstand	Exeter Area Garden Club
Water St Common	Judy Kirn
Boathouse Garden	ecm design
Town Offices	Seacoast School Of Tech./FFA Chap
Gale Park	Jeff Hart
Powder House	Rotary Club
Holland Way	Churchills Garden Center
Rt. 111/Hampton Rd	David Briden And Family
Train Station Island	Deschenes And Sons
Rt 111a Island	Deschenes And Sons



*Founders Park*



*Town House Common*



# FALL



## **\*NEW – EARLY BIRD DISCOUNT!!**

**REGISTER FOR PROGRAMS BEFORE THE DEADLINE AND RECEIVE A \$10.00 DISCOUNT!!**

*League and Team Sponsorships are Available for These Leagues.  
Please See the Information Sheet Near the end of the Brochure for Details*

### **SOCCER/ CO-ED 6 ON 6 K-GRADE 4**

A co-ed youth soccer program designed for Exeter area students from K - 4th grade. This program is designed to instruct students in the fundamental aspects of the sport, while encouraging them to enjoy themselves and make new friends.

**LOCATION:** REC PARK                      **DEADLINE:** 8/09/2013  
**RES/NR FEE:** \$45 BEFORE DEADLINE/\$55 AFTER DEADLINE

DESCRIPTION	DATES	DAY
SOCCER - K	9/7-10/26	M-SA
SOCCER - 1 & 2	9/7-10/26	M-SA
SOCCER - 3 & 4	9/7-10/26	M-SA

VOLUNTEER COACHES NEEDED

### **FIRST KICKS SOCCER**

A coed youth soccer program for Exeter area for 4 and early 5 year olds! This program is designed to introduce soccer before they get on any team. This will be purely instructional with a little play while encouraging them to enjoy themselves and make new friends. Let kids be kids!

**LOCATION:** REC PARK                      **PROOF OF AGE REQUIRED**  
**DEADLINE:** 8/9/2013  
**FEE:** \$37 BEFORE DEADLINE/\$47 AFTER DEADLINE

DESCRIPTION	DATES	DAY
FIRST KICKS	9/7-10/26	SAT

VOLUNTEER COACHES NEEDED

### **CHALLENGER SOCCER MINI KICKERS**

Mini Kickers addresses the physical, emotional, and social needs for toddler (2-3) years old ensuring a positive introduction to the game of soccer and organized athletics instructions. Challenger's experts have composed a curriculum which will entertain your child in a safe and fun environment while teaching them the beginning basic fundamentals of the game. Parent Participation required for this program. Participates will get a shirt or backpack and a soccer ball.

**LOCATION:** LINCOLN ST SCHOOL  
**AGES:** 2-3      **FEE:** \$95      **No Early Bird Discount**

DATES	DAY	TIME
9/5-10/17	SAT	9:00-NOON (1 HOUR CLASS)

TO REGISTER PLEASE GO ONLINE TO: <http://www.challengersports.com>

### **CHALLENGER'S SKILLS DEVELOPMENT ACADEMY**

The Academy provides weekly training, conditioning and skills development for all players. The professional British coaching staff will provide players with the advanced instruction and training necessary to help them compete at the higher level. Each player will take part in Technical Tactical and Physical training sessions that will sharpen their skills, improve their decision making and increase the speed and fitness.

**LOCATION:** LINCOLN ST SCHOOL  
**AGES:** 5-11      **FEE:** \$95      **No Early Bird Discount**

AGES	DATES	DAY	TIME
5-7	9/25-10/30	W	5:00-6:30
8-11	9/25-10/30	W	6:30-8:00

TO REGISTER PLEASE GO ONLINE TO: <http://www.challengersports.com>

# PROGRAMS



## FOOTBALL NFL PUNT, PASS AND KICK

**LOCATION:** BRICKYARD PARK

**DATE:** SEPTEMBER 11 @ 5PM UNTIL ALL PARTICIPANTS COMPLETE  
**PRE-REGISTRATION REQUIRED AT** <http://www.nflppk.com>

The NFL punt, pass & kick (PPK) program is a national skills competition for boys and girls between the ages of 8 -15 to compete separately against their peers. Girls and boys in four separate age divisions (6-7, 8-9, 10-11, 12-13, and 14-15) compete against each other in punting, passing and place kicking in a fun and engaging forum.



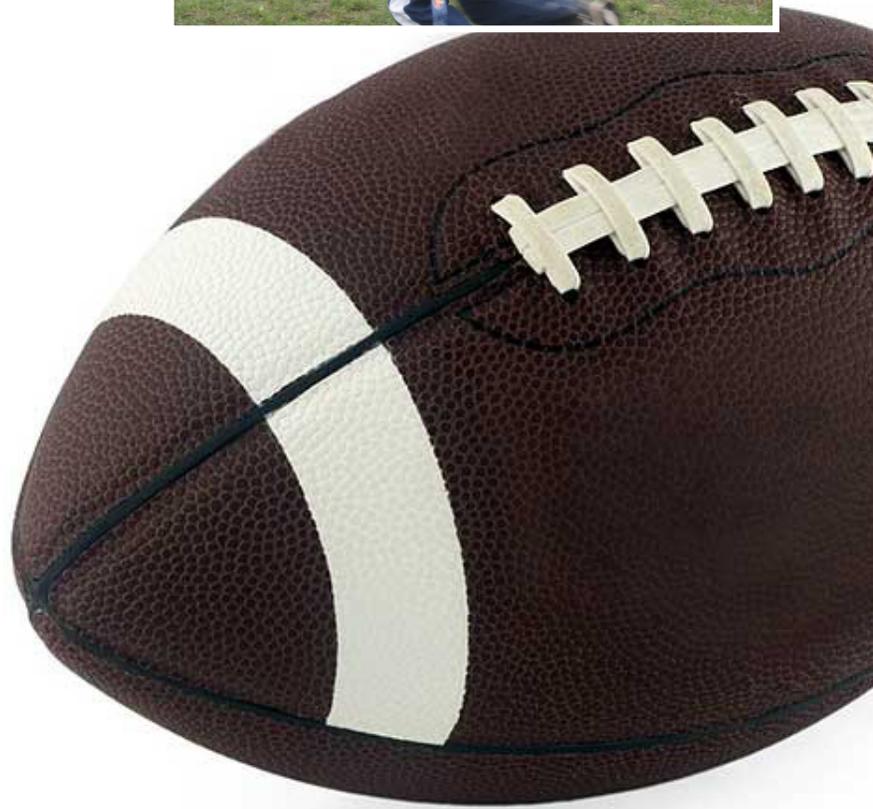
## FLAG FOOTBALL LEAGUE

Exeter parks and recreation is proud to offer NFL flag. Boys and girls, ages 6-12 (age as of 9/1/13), have the opportunity to participate in our exciting NFL flag program this fall. Program will run for ten weeks. NFL flag gives the children a chance to be part of a team, make new friends, and have fun while participating in an activity which encourages teamwork, respect for others, and fair play. For further information on flag football go to <http://www.nflyouthfootball.com>, and click on the NFL flag symbol.

**LOCATION:** BRICKYARD PARK      **AGES:** 6 – 12  
**RES/NR FEE:** \$42/\$57 BEFORE DEADLINE \$52/\$67 AFTER DEADLINE  
**DEADLINE:** 7/19/2013



AGES	DATES	DAY
6-8 DIVISION A	8/19-10/26	SA + OTHER
9-12 DIVISION B	8/19-10/26	SA + OTHER
VOLUNTEER COACHING		



# WINTER PROGRAMS



Here is a short list of programs we run in the winter. Sign up for our e-newsletter or watch for a school flyers.

## “LITTLE SHOOTERS” PRE-K BASKETBALL

New program...watch for more details.

## BRADFORD YOUTH SKI LESSONS

Watch for flyers and more information in school flyers.

## YOUTH BASKETBALL GRADES K-6

Watch for flyers and more information in school flyers.

## LETTERS TO SANTA

All letters are mailed to the Parks and Recreation office!



# SPONSORSHIP & ADVERTISING

Exeter Parks and Recreation has a number of great opportunities to promote your business while helping support the department's goals of providing affordable recreation activities to the area.

## **Youth League Sponsor: \$1000**

You can sponsor an entire youth sports league. Your sponsorship includes your logo being placed on back of all the t-shirts, above the numbers on each shirt, registration forms, and our website. On average we have about 300 participants in all of our sports: baseball, basketball, soccer and Hershey Track programs. Lacrosse available for \$500

## **Team Sponsor: \$125**

You can sponsor an individual team in the leagues. Your sponsorship includes your logo on the sleeve of the team's t-shirt. We divide our leagues in appropriate age/grade divisions. We have a few dozen teams per division in our leagues. You can choose to sponsor multiple teams in different divisions.

## **Camp Sponsors: \$1000-Summer Adventure Camp or Teen Camp**

Your sponsorship includes your logo on the back of all the camp t-shirts, registration forms, our e-newsletter and our website. Our largest camp is the Summer Adventure Camp which has approximately 225 participants and 22 staff that wear the shirts on all field trips. The Teen Camp would be sponsorship for our van transportation. We rent vans to move the participants to sites local and around the NE area. Teen sponsor will get their logo on the vans as well.

## **Summer Concert Series: Platinum: \$1500, Gold: \$1000, Silver: \$750, Bronze: \$500**

You can help sponsor our Summer Concert Series. This is a tradition that dates back years and draws 300 people a week to beautiful downtown Exeter's Swasey Parkway, with over a 1,000 people attending our annual Fireworks and Concert! We also host the Easter Egg Hunt and Halloween Parade which is free to hundreds of Exeter families. Your sponsorship will include a spot on a banner with your logo, the concert flyer which gets distributed around town, our e-newsletter and on our website. Help us continue this yearly event!

## **Special Event Sponsor: \$750**

You can help sponsor our Special Events! We host the Easter Egg Hunt, Halloween Parade and NH Fiddle Ensemble. Your sponsorship will include a spot on a banner with your logo, the school flyer which gets distributed around town, our e-newsletter and on our website.

*All logos need to be in either illustrator cs4 format or high resolution jpeg*

If interested contact Mike Favreau at [Mfavreau@town.exter.nh.us](mailto:Mfavreau@town.exter.nh.us) or return the bottom portion with the completed info required. We reserve the right to refuse inappropriate sponsorship and advertising request.

**All checks payable to: E.P.R.D. (Exeter Parks and Recreation)**

**All Sponsorships are due 30 days prior to program start date or Season Deadlines (based on availability).**

Company Name: \_\_\_\_\_

Contact Name: \_\_\_\_\_

Address: \_\_\_\_\_

Town: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Website: \_\_\_\_\_

Email: \_\_\_\_\_

Check PMT:  Cash  Credit (MC/VI)  Check

It's easy to join our mailing list!

Just send your email address by text message:

Text

**EPRDNEWS**

to **22828** to get started.

Or use our QR Code

Scan using your QR Reader



Message and data rates may apply



**EXETER PARKS & RECREATION**

### Staff

Michael Favreau- Director  
- Program Coordinator

Jim Mahoney-Parks Laborer

Greg Bisson- Asst. Director

Nancy Bugbee-PT Clerical

Jay Perkins, Jr.-Parks Laborer

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