



FIRST KICKS SOCCER Boys & Girls - Pre-school



PROGRAM: A Coed Youth Soccer program for four and early five year olds! The goal for this age group is to introduce them to the basic concepts of soccer (dribbling, kicking, running, scoring goals!), help them improve their social skills, and most importantly...Have Fun! This will be purely instructional with a little play while encouraging them to enjoy themselves and make new friends. Let kids be kids!

Being a soccer coach for this age group does not require soccer skills. All you need is a positive attitude, a willingness to be silly (even at the expense of embarrassing yourself), and of course a little patience.

AGE REQUIREMENT: Participants must be 4 or early 5 (not yet in Grade K)

LOCATION: The program will be held on Saturday Mornings at the Recreation Park fields, 4 Hampton Rd, Exeter.

REGISTRATION: Registrations is open to students of Exeter and surrounding towns, on a first-come, first-served basis. Registrations accepted at the Exeter Recreation Office during our business hours, mail or fax. Payment must be paid at the time of registration and a medical release form must be completed. The Exeter Parks and Recreation Department reserves the right to limit registration and participation in any program. Exeter Parks & Recreation also reserves the right to effect other changes in the program, including but not limited to date and time changes, registration limits, and others, as may be required. **We are no longer taking requests for your child to be placed with a specific team, player & or coach. If a parent volunteers to coach, your child will be placed on the same team that you will be coaching.**

FEE: The cost of this program includes a Soccer Shirt for each participant: Make your check payable to E.P.R.D. Visa and MasterCard accepted. Sorry, no refunds unless the program is cancelled. There will be a \$20.00 fee charged for each returned check.

***New – Early Bird Discount – Register before deadline and receive a \$10.00 Discount.**

Saturdays, May 2 nd – June 13 th , 2015	Fee before 3/27	Fee after 3/27	Class Code
Child	\$37.00	\$47.00	221145-1A
Coach	N/A	N/A	241100-1A

DEADLINE: The Deadline to register for this program is **Friday, March 27th, 2015 at 4:15pm.** Late registration is on a first-come, first-served basis pending team availability.

TEAM SPONSORSHIP: You can sponsor an individual team in the league. Your sponsor's logo will go on the sleeve of team shirts.

Sponsorships	Fee	Class Code
Team Sponsor – Deadline to sponsor: March 27, 2015	\$125.00	751100-1A

EPRD reserves the right to reject a sponsor that we feel may be inappropriate. Sponsors are accepted upon a first-come first-served basis. Number of teams will be determined upon deadline. Please complete sponsor application if you are interested.

VOLUNTEER COACHES: There is a NO FEE to coach. Coaches are necessary for the successful operation of this program. **Please know that you will need to indicate on the registration as to whether you can coach.** Volunteers are required to complete a background check. Coaches must pre-register and complete all required paperwork.

TEAM DIVISIONS: Your coach will contact you regarding schedule. All games will be played on Saturdays. **In the event of inclement weather for practice sessions and games, please contact the coach of your child's team.**

UNIFORMS: The uniforms are for the students to keep at the end of season. **THESE UNIFORMS ARE TO BE WORN FOR ALL THE GAMES.** For your child's protection, **SHIN GUARDS ARE REQUIRED FOR ALL PLAYERS!** Mouth guards are recommended. Shin guards and mouth guards are available at most local department or sporting goods stores. If the weather is cooler, students may wish to wear sweat clothes OVER their uniform for easy on/off. If they wear sweats under the uniform, they risk sweating & over-heating to the point that the sweat clothes will not serve to keep them warm while off field.

PARENTS/COACHES: For your child's safety, players may not wear jewelry of any kind or watches. If earrings must stay in you must cover them with medical tape before playing. Please report any injuries to the Assistant Director of the Exeter Parks & Recreation Department within 48 hours of occurrence. All coaches will have medical release forms. Parents should remember that our volunteer coaches and helpers are just that - VOLUNTEERS! Most volunteers are parents like you. They give of their time so that your child may enjoy the fine sport of Soccer. Give them your support - not a hard time! If they ask you for help, lend a hand! You will feel better for doing so, and maybe learn something in the process! Get involved with your child and his/her activities - they are only young once! The Exeter Parks and Recreation Department has been known to ask critics to become coaches!

CONDUCT/LANGUAGE RULE: Players, coaches, parents and spectators must refrain from use of any inappropriate language and/or actions and/or gestures or other inappropriate conduct while at any EPRD program, facility, or function. This includes but is not limited to ALL YOUTH SPORT PROGRAMS. **PLEASE NOTE: Any conduct by a parent, coach or spectator deemed inappropriate at any time during the season may result in immediate dismissal from the premises and program.**

PLAYER/COACH VIOLATION: Coaches are permitted & encouraged to pull players from play & are to issue instructive discipline to that player including but not limited to sitting out the remainder of that game/practice and/or the next game/practice. Co-coaches &/or opposing coaches may try to calm the upset coach. Coaches & parents are urged to report offending coaches to EPRD & may be asked to do so in writing by submitting an "accident/incident report". Coaches who are serious &/or repeat offenders may be suspended &/or asked to leave EPRD's programs. Team Request should only be used for emergency/carpooling purposes. If required there are some regulations to follow.

1. When requesting a team /child, both parties must request each other either on this form, by e-mail or a written letter (NO PHONE REQUESTS). If one of the children doesn't submit the request. That request will not be met.
2. Coaches can request to be with another coach thus both of their children being placed on the team. At no time, can a coach request any other child to be on his team except for the other coach's child. There should only be 2 coaches per team but 3 coaches are acceptable. All coaches must complete a background check to be considered.
3. Coaches determine the practice session day/time therefore we cannot accept day/time requests. This is a non-competitive league so practices are optional – we will not issue refunds for schedule conflicts.

IMPORTANT DATES TO REMEMBER!

Friday, March 27th 4:15PM: DEADLINE TO REGISTER FOR YOUTH SOCCER PROGRAM!!!

Wednesday, April 8th: Coaches' Meeting: Recreation Office, 5:45PM conducted by E.P.R.D. Coaches will receive their team roster and game schedules. Practice sign-up sheet will also be available.

Friday, April 17th: Coaches should have contacted all players on their team to inform of the first meeting date/time.

Saturday May 2nd – Games begin! Saturday, June 13th: Final Game Day.

To keep the calls to a minimum, if you have NOT received a call from a coach, refer to the rosters posted at the Recreation Office. Schedules are posted online.

EXETER PARKS & RECREATION DEPARTMENT

32 Court Street, Exeter, NH 03833

Phone: 773-6151; Fax: 773-6152

Website: <http://town.exeter.nh.us/rec>

Business Hours: Monday - Friday, 8:15am - 4:15pm