



GRANITE TRACK & FIELD

For Boys & Girls ages 7 & 8



Track & field has a long history in Exeter, striving to promote youth physical fitness and provide fun learning experiences for children 7 & 8. Youth track & field is a great way to get kids started in a physical fitness program. Join us as we help kids discover their potential, make new friends, and gain newfound self-confidence. Every child is a winner with track & field games!

Registration: Registration begins **Tuesday, February 18, 2025**. Registrations are accepted at the Exeter Recreation Office during our business hours, in-person, on-line, by phone, or Mail. Payment must be paid at the time of registration.

Activity	Age (as of Dec. 31, 2025)	Resident Fee	Non- Resident Fee	Resident Fee after 4/11	Non-Resident Fee after 4/11
Girls	7-8	\$70.00	\$80.00	\$80.00	\$90.00
Boys	7-8	\$70.00	\$80.00	\$80.00	\$90.00

Competitor Categories: Competitor categories are as follows: Boys, ages 7-8. Girls ages 7-8.

Deadline: The deadline to register for this program is **Friday, April 11, 2025**. Please make check payable to E.P.R.D. Visa, MasterCard, Discover, Apple Pay & Google Pay accepted. There will be a \$20.00 fee charged for each returned check.

Practice Schedule & Important Dates: April 28 – June 12, 2025; Monday & Thursday, 6-7:30 pm @ the Exeter High School 1 Blue Hawk Dr. Exeter, NH

NOTE: ANY SCHEDULE UPDATES/CHANGES WILL BE SENT VIA E-MAIL, PLEASE CONFIRM YOUR E-MAIL ADDRESS ON FILE.

RULES

1. Competitors in the 7/8 age group only participate in the Town Meet (June 7, 2025).
2. The only restriction for participation is age – participants must be between 7 and 8 years old as of December 31, 2025.
3. Competitors will determine which age groups to enter by calculating their age as of December 31st, 2025.

Competitors can compete in a maximum of 2 events per person

BOYS

Ages 7 – 8

1. 50 Meter Dash
2. 100 Meter Dash
3. 200 Meter Dash
4. 400 Meter Dash
5. Standing Long Jump
6. Softball Throw

GIRLS

Ages 7 – 8

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|-----------------------|--------------------|
| 1. 50 Meter Dash | (54 yds. 24.5 in.) |
| 2. 100 Meter Dash | (109 yds. 13 in.) |
| 3. 200 Meter Dash | (218 yds. 26 in.) |
| 4. 400 Meter Dash | (437 yds. 16 in.) |
| 5. Standing Long Jump | |
| 6. Softball Throw | |

EXETER PARKS & RECREATION DEPARTMENT
32 Court Street, Exeter, NH 03833
Phone: 773-6151
Website: <http://exeternh.gov/recreation>
Business Hours: Monday – Friday, 8:15am - 4:15pm