



SURFING LESSONS

Ages 11 & Up
JULY 12TH – 14TH, 2016



PROGRAM: Exeter Parks & Recreation has formed a partnership with Cinnamon Rainbows Surf Shop of North Hampton, NH. We are pleased to offer surf lessons to individuals age 11 and up. The sessions will take place at North Beach or Jenness Beach in N Hampton. You will meet at the surf shop to gear up and then proceed to the beach. At the beach the instructors will go through safety, etiquette tips and surfing techniques. Then, it's out in the water to surf, wipeout and have fun. Cinnamon Rainbows instructors will not have surfboards. They will be there by your side to help you get started and push you into the waves. For more information on Cinnamon Rainbows check out their website at www.cinnamonrainbows.com

LIABILITY FORM: Registration must be accompanied with a completed liability form from Cinnamon Rainbows. The waiver is attached to the registration information.

*Cinnamon Rainbows policy is based on safety first. Therefore, lessons are on call pending weather, wind and wave conditions. They reserve the right to determine whether or not the conditions are favorable for lessons & rentals to beginners. If a lesson is cancelled they will reschedule the class for another day/time. Thank you for your consideration in this matter.

Participants must be at least 11 years of age with ability to swim.

REGISTRATION: **Registration begins March 7, 2016.** Registration is open to students of Exeter and surrounding towns, on a first-come, first-served basis. Registrations are accepted at the Exeter Recreation Office during our business hours, on-line, mail or fax. Payment must be paid at the time of registration. A liability form and a medical release form must be completed. **Instructor to participant's ratio is 1:3.** Minimum 0/Maximum 13.

LOCATION: North Beach or Jenness Beach, North Hampton, NH

FEE: The fee includes surfboard & wetsuit rental and instructor. Please make your check payable to: E.P.R.D. Visa & MasterCard is accepted. Sorry, No Refunds unless the class is cancelled. There will be a \$20.00 fee charged for each returned check.

Dates	Time	Fee	Class Code
July 12 – July 14, 2016	1:00PM – 3:00PM	\$125.00	322000-1A

DEADLINE: The deadline to register is **Friday, June 24th, 2016 at 4:15pm.** Late Registration is on a first-come, first served basis pending availability.

EXETER PARKS & RECREATION DEPARTMENT
32 Court Street, Exeter, NH 03833
Phone: 773-6151, Fax: 773-6152
Website: <http://exeternh.gov/recreation>
Business Hours: Monday – Friday, 8:15am - 4:15pm